



ALL POINTS NORTH



**INNOVATIVE TREATMENT FOR
MIND, BODY, AND SOUL**

WE BELIEVE IN YOU

IT STARTS HERE.

At All Points North, we've created a full continuum of care with numerous entry points to meet clients where they are and help them get to where they want to be.

We offer multiple sub-brands within All Points North, including:

APN Lodge: home to our residential and partial hospitalization programs for primary mental health and addiction treatment, plus trauma therapy, dual-diagnosis treatment, and specialized paths for Veterans, professionals, athletes, and the LGBTQIA+ community.

APN Virtual: our telehealth branch for virtual therapy and programs balanced with individual and group sessions, plus virtual intensive outpatient programming, family therapy, and couples therapy.

Plus by APN: our integrative psychiatry and neurotechnology branch.

Plus by APN services include:

- Ketamine-Assisted Healing and Therapy
- Hyperbaric Oxygen Therapy
- qEEG Brain Mapping
- Neurofeedback
- Deep Transcranial Magnetic Stimulation
- Stellate Ganglion Blocks
- In-Person Intensive Outpatient Programming

APN Detox and Withdrawal Management: 24/7 medical detoxification, high-quality detox protocols, and high-end finishes alongside Plus by APN services.

9x by APN: group fitness and personal training for the mind and body, nutrition services, and more.



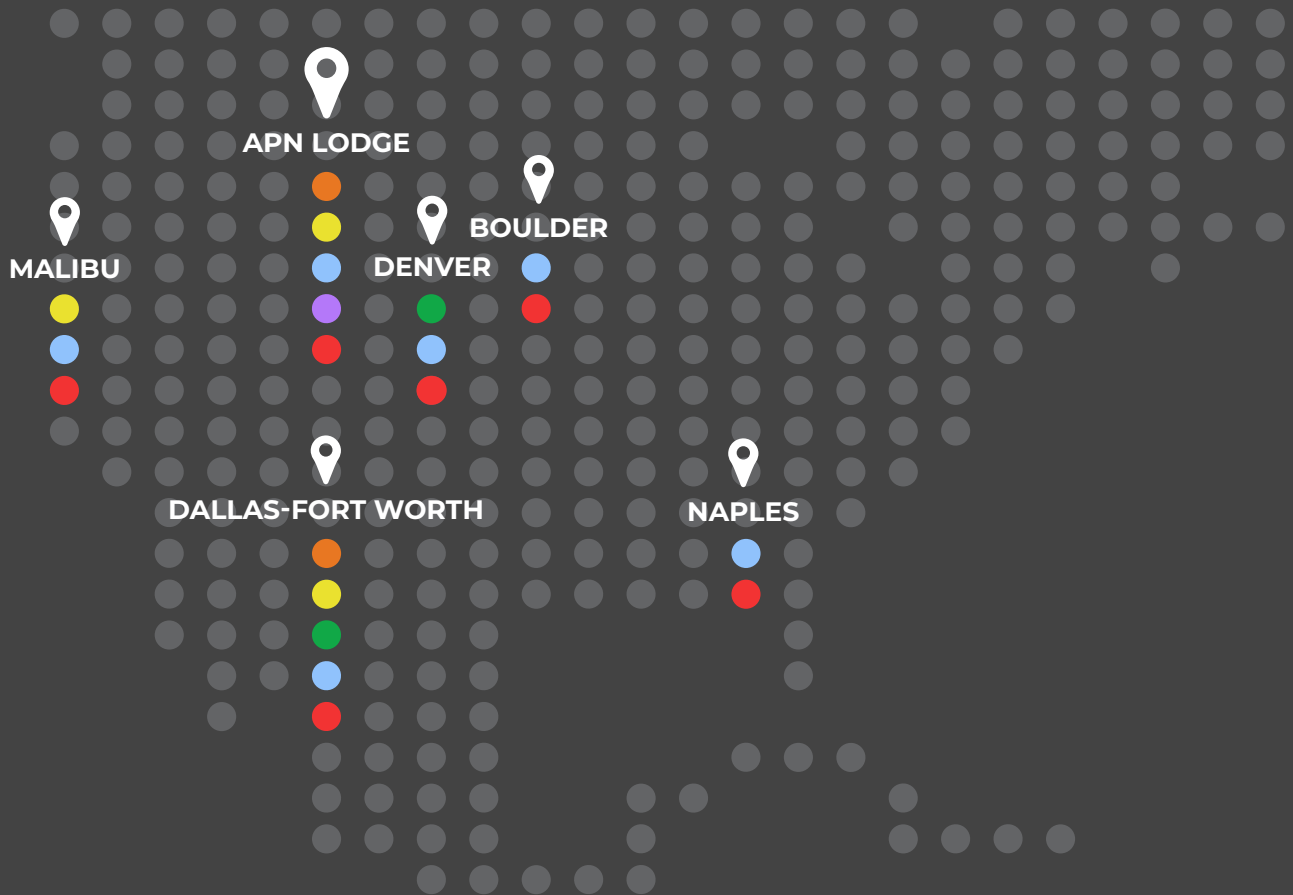
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Access Care From Everywhere

Find in-person support at any of our facilities and access virtual support from the comfort of home.



- Residential or PHP
- 9x Fitness
- Detox & Assessment
- Sober Living
- Plus by APN
- IOP

*OP and IOP services also available virtually

Detox & Withdrawal Management

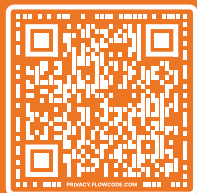
Overview

Our APN detox locations offer ASAM level 3.7 24-hour medical detoxification and supervision from licensed clinicians on a medical campus. We provide comprehensive treatment services beyond the typical detox experience with thorough education and therapeutic care in a luxury environment.

APN Denver and APN Dallas-Fort Worth are the opposite of the typical detox environment, which is often sterile, cold, and uninviting. At each location, we pair comfort with high-end touches that make our clients feel a little more at home.

Clients can rest and recover with luxury mattresses and custom dimmable lighting in each suite. Just steps away, our locker room-style bathrooms offer spa-like serenity in each massive private stall. Both sites employ full-time chefs to prepare healthy, nourishing meals and snacks; clients can dine in the comfort of their rooms or in the common areas where they can socialize and unwind on plush sofas. With access to an on-site gym, clients can build healthy recovery-based behaviors and support their emotional and physical well-being during treatment.

 DENVER, CO • DALLAS-FORT WORTH, TX



For more information on detox and assessment with APN, scan the QR code or call 855.232.8217 to speak with our team today.



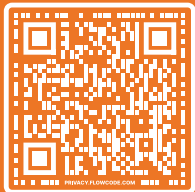
We've designed our detox and withdrawal management facilities to help clients take the first steps toward recovery and safely detox from substance misuse. Most clients can expect a stay of anywhere from three to ten days, with an average stay of five days.

Three-Day Professional Evaluations

Professional evaluations offer the highest-quality, comprehensive, objective, and multidisciplinary evaluation for clear and specific diagnoses with recommendations based on best clinical practices.

A typical assessment includes diagnostic clarification guided by the American Society of Addiction Medicine (ASAM) criteria and psychiatric diagnoses guided by American Psychiatric Association (APA) criteria.

 Edwards, CO • Dallas-Forth Worth, TX



For more information on professional evaluations with APN, scan the QR code or call 855.232.8217 to speak with our team today.

We personalize every assessment to fit each client's unique needs; generally, clients can expect a combination of cognitive testing, personality assessments, in-depth review of health history, physical examination, laboratory tests, and vocational and relational assessments over three days.



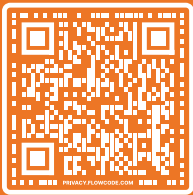
All Points North Lodge

All Points North Lodge is our main hub for in-person mental health, addiction treatment, trauma therapy, and professional assessments.

We work with each client to custom curate their treatment plan, with all residential and PHP clients attending around four hours of group sessions per day and one to two hours of individual therapy per week. We also offer specific paths for athletes, Veterans, Indigenous Peoples, professionals, and the LGBTQIA+ Community.



Edwards, CO



Find the appropriate level of care. Start a conversation with our team at 855.232.8217 or scan the QR code to complete our online contact form.

Our treatment modalities include the following, as indicated per client and therapist availability:



Cognitive Behavioral Therapy (CBT)



Dialectical Behavioral Therapy (DBT)



Eye Movement Desensitization and Reprocessing (EMDR)



Mindfulness Yoga, Meditation, & Breathwork



Trauma-informed therapy



Social-skills enhancement



Dual diagnosis



Interventional psychiatry and neurotechnology at APN Lodge

- Deep Transcranial Magnetic Stimulation (dTMS)
- Ketamine-Assisted Healing + Therapy
- Neurofeedback
- QEEG Brain Mapping
- Hyperbaric Oxygen Therapy
- Stellate Ganglion Blocks



Residential + Partial Hospitalization Treatment

Mental Health

Depression, anxiety, OCD, bipolar disorder, PTSD, and other mental health conditions can make the road to healing feel foggy and uncertain. All Points North exists to help clients find a way forward by uncovering the root causes of mental health issues for long-term healing while also working to relieve the immediate symptoms. APN is licensed to treat primary mental health, with and without substance use disorders present.

We acknowledge that mental health struggles can increase the risk of substance use disorders, and the opposite is also true. That's why we use a trauma-informed dual-diagnosis approach to treat co-occurring mental health issues and addiction. APN clients don't have to choose between a greater need because our team of world-class clinicians and medical professionals can support the full scope of behavioral health.

Addiction

Sustainable recovery can feel out of reach for those stuck in the cycle of substance use disorders or behavioral addictions. But All Points North goes beyond the traditional treatment experience to help clients launch into recovery and find fulfillment – not just abstinence from substances or addictive behaviors, but truly sober satisfaction.

APN clients dig deep, gather tools, practice relapse prevention, find meaning, and move forward.

We help our clients do this with a unique approach that combines evidence-based practices, cutting-edge technology, trackable outcomes, an expert care team, and customizable plans tailored to each individual.

Trauma

Unfortunately, for many of us, trauma is a painful reality of our lived experience. Though we all encounter conflict, unaddressed trauma can evolve into a pervasive influence on our most meaningful relationships, putting our hopes, dreams, and peace in a gridlock. Trauma can cause triggers, flashbacks, mood swings, dissociation, intrusive thoughts – the list goes on.

But there is a way to unlock what's stuck. At APN, we use targeted treatments for dysfunction caused by underlying trauma from childhood, family of origin, past relationships, and PTSD. We prioritize an environment of physical and mental safety to help clients reprocess, move beyond trauma, and create a life with more choice and freedom.



Specialty Paths



Athletes

We designed our Athlete path in collaboration with professional athletes who endured the struggle and came out on the other side. Our dedicated therapists designed a curriculum and support structure to help current and retired professional athletes unpack the “dream” and the “bubble” of professional sports. This specialty program takes a deep dive into the grief, loss, anger, and anxiety that can come with transitioning out of a competitive environment.



Veterans + Military

All Points North provides compassionate care and the highest quality treatment for military Veterans and active military. The path addresses the unique needs and cultural experiences of service members by focusing on processing and overcoming combat and crisis stress, trauma exposure, moral injury, burnout, and PTSD in a safe, supportive environment.



Professionals (Business + Healthcare)

Our Professionals Program exists to support individuals in recovery from addictions or mental health challenges that have caused an impact or impairment in the workplace. We aim to facilitate a successful and safe return to practice and create a comprehensive aftercare plan that prepares our clients for a purposeful, healthy, fulfilling life.



LGBTQIA + Queer Trauma Recovery

All Points North is a safe place for those in the LGBTQIA+ community to seek treatment for substance use disorders, trauma, and mental health struggles. We proudly provide LGBTQIA+-affirming treatment in a safe environment with compassionate care and a variety of specialized services for community through our Queer Trauma Recovery Program.



Indigenous Peoples

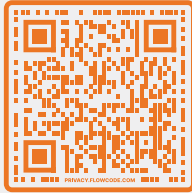
The Indigenous Peoples program aligns with White Bison and the Wellbriety Movement to facilitate culturally-based healing and tailored support for indigenous peoples struggling with substance use disorders, mental health, and trauma.



Accommodations

All Points North Lodge is an intentionally luxurious therapeutic environment optimized for healing in mind, body, and soul. Nestled in the sweeping Colorado Rockies just outside of Vail, APN Lodge offers picturesque mountain views with personal touches that complement our treatment philosophy and whole-person approach.

TOUR THE LODGE:
scan the QR code to
take our virtual tour.



We offer multiple accommodation options for different price points and privacy needs, including double, semi-private, and private suites.

PHP clients can stay on campus or off campus with approval. We can accommodate separate housing for more privacy or clients attending treatment with their team or family.

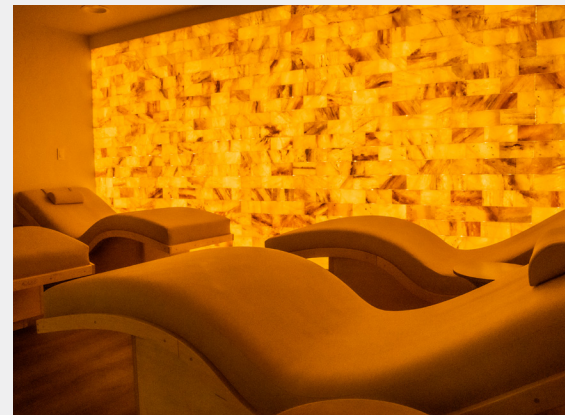
Activities + Amenities

All APN clients can fully immerse themselves in the beauty of the Vail Valley with on-campus ecotherapy activities. Rest, relax, and recharge in our serene environment with all the amenities and comforts found at a five-star resort, including:

- Fully equipped gym (with optional personal training*)
- Indoor and outdoor pools and hot tubs
- Sauna and steam rooms
- Himalayan salt meditation room
- Group fitness studio for yoga, Pilates, and sound baths
- World-class on-site spa services, including massage, facials, acupuncture, and self-guided services*
- Sensory deprivation float tank*
- On-site theater room with multi-screen functionality

*Additional cost

In addition to our on-campus offerings, PHP clients are eligible for off-campus excursions, including fishing, golfing, skiing, snowboarding, paddleboarding, mountain biking, and more.



Food + Nutrition

Our on-site executive catering team offers three chef-prepared meals and mid-afternoon snacks daily. The APN culinary team takes great care to accommodate dietary restrictions, and clients can choose from nutrient-dense options alongside classic comfort food dishes. All clients meet with a nutritionist as part of their program and receive feedback and planning options to help them build on their progress and achieve their wellness goals.

Our registered dietitian-designed ‘EmpowerED’ path assists clients who are also working on patterns of disordered eating.

Our in-house baristas help clients rise and shine with custom coffee drinks and lattes, the perfect cup of tea, energizing smoothies, and wellness shots.

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Family Focus

We believe that family healing lays a foundation for long-term recovery. Our dedicated family therapists will work with your family to identify your unique needs and develop a targeted action plan so you can heal together and move forward with the right tools.

We offer family therapy in a variety of different forms as an essential component of care for clients and loved ones of clients at All Points North Lodge. Our comprehensive and intensive family program includes partners, family members, or family of choice – those with an active role in the family system. Family members can attend sessions virtually or in person at the Lodge in coordination with their loved one’s treatment team.

Some of the common themes we address in family therapy include:

- Family conflict
- Communication
- Generational trauma
- Connection
- Breaking patterns
- Increasing support
- Setting better boundaries

Families and couples outside the Lodge environment can benefit from our virtual therapy programming.



Virtual Therapy + Psychiatry


Our online care platform, APN Virtual, allows clients to communicate with their treatment team, schedule appointments and complete assessments, attend virtual group and individual therapy sessions, and track their outcomes and progress.

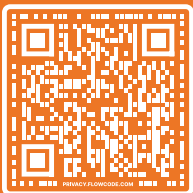
Clients stepping down from residential and PHP at the Lodge can continue to build on their progress with virtual IOP and OP programming.

Virtual therapy, support groups, and psychiatry are available to APN Lodge clients and clients new to the APN continuum of care.

With the APN Virtual, clients can access virtual offerings with a few taps on a smartphone. Our virtual therapy offerings include:

- Intensive Outpatient Programs
- Outpatient Groups
- Individual Therapy
- Psychiatry & Medication Management
- Support Groups
- Caduceus Groups
- Family or Couples Therapy
- Virtual Specialty Paths

 Online, In the APP Store



For more information on virtual therapy, scan the QR code or call 855.232.8217 to speak with our telehealth team today.

Virtual Intensive Outpatient Programs

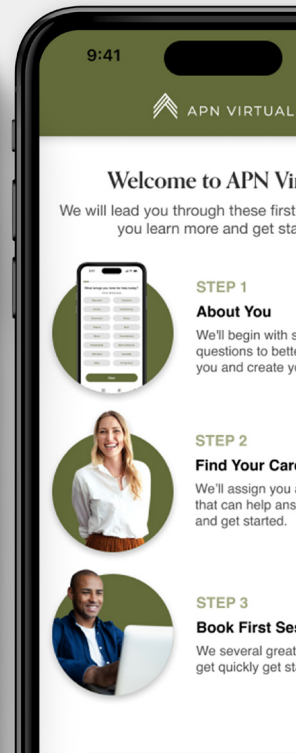
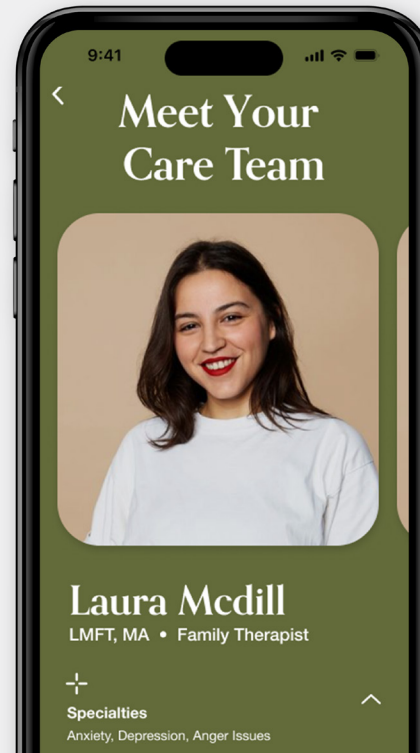
APN Intensive Outpatient Programs are 8-week virtual options for individuals who have experienced substance dependence, mental health challenges, overwhelming stress, and emotional dysregulation.

These programs are tailored to those who are able to participate in life but often find themselves in repetitive thought patterns and dysfunctional habits. Each week, participants will attend nine hours of intensive group sessions with an optional included hour of individual therapy.

IOP Group Cohorts are Available for:

- Mental Health
- Substance Use & Dual Diagnosis
- Professional Athletes

*Note: APN also offers in-person IOP options at APN Malibu, APN Lodge, APN DFW and APN Boulder



Outpatient Groups

Our virtual outpatient groups provide targeted support on various topics in a group setting. With clinician guidance, participants can connect with other clients in treatment and build on skills learned in individual sessions.

Clients can access 60- and 90-minute virtual groups, Monday through Friday. Topics vary based on availability; previous offerings include:



Mindfulness Meditation
& Contemplative Skills



Resolving
Codependency



Men's Emotional
Connection



Finding Balance in
a Chaotic World



Grief and
Loss Support



ADHD Support



Living Sober



DBT Skills



Trauma Bonds



Art Therapy

Individual Therapy

Individual therapy helps our clients manage the deeply personal aspects of their stories, details they might be hesitant to share in a group setting. Clients can learn new skills in individual sessions and practice these skills in group sessions. Individual therapy also allows clients to take what they learned from group sessions and process one-on-one with a therapist.

Psychiatry + Medication Management

APN offers psychiatry services and medication management in partnership with Mile High Psychiatry. These services are available for clients in Arizona, California, Colorado, and Texas, with referral support for psychiatry services in other states.

Family and Couples Therapy

Our virtual family therapy and couples therapy programs provide the support, guidance, and education clients need to reconnect with loved ones. Dedicated family and couples therapists will target specific issues so clients and their loved ones can heal together.


Focus areas include current relational interactions, relationship and communication strengthening skills, attachment, family roles, boundaries, psychoeducation, experiential work, and support groups. We also offer fully customizable intensives for deep, in-person work.



In-Person Intensive Outpatient Programming

Targeted Individual and Group Therapy

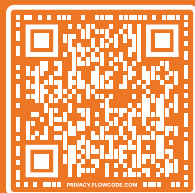
Our In-Person IOP offers support for individuals experiencing mental health challenges, overwhelming stress, or emotional dysregulation. Clients benefit from a balance of weekly individual sessions and 10 hours of group programming per week. Group sessions integrate psychoeducation, interpersonal process, skill development, and experiential work.

 **Edwards & Boulder, CO**
Dallas-Fort Worth, TX

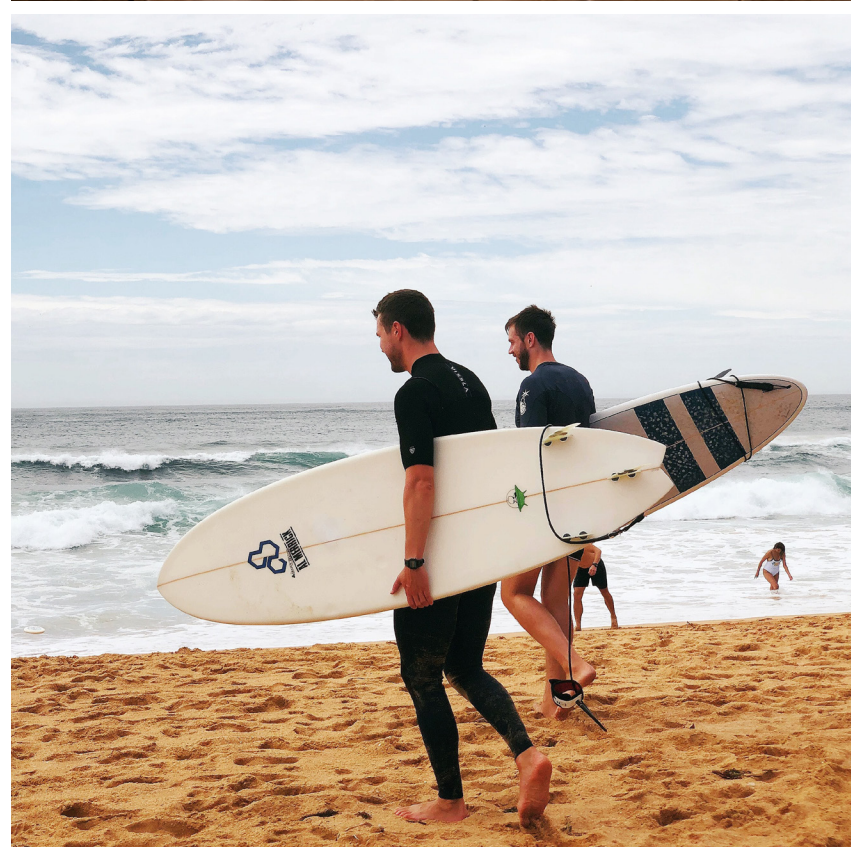
Recovery-Focused Support + Surfing

The Surf Intensive Outpatient Program is a comprehensive offering from The Pointe Malibu and All Points North. This program offers support for individuals experiencing mental health challenges, overwhelming stress, or emotional dysregulation. With two traditional therapy groups and one surf therapy group each week, clients participate in an integrative program designed to guide them through processing the past and learning how to move forward with tangible skills and tools.

 **Malibu, CA**



For more information about our in-person intensive outpatient programs, scan the QR code or call 855.232.8217 to speak with our team today.



Interventional Psychiatry + Neurotechnology

Plus by APN evolved out of our mission to provide truly comprehensive, best-in-class treatment experience for individuals seeking optimal wellness. With interventional psychiatry and innovative neurotechnology, we can treat both the symptoms and the root causes of physical and mental dysfunction.

We aim to support clients with treatment-resistant depression, OCD, PTSD, anxiety, sleep and memory disruptions, and other mind-body-soul inhibiting issues to find short-term relief and long-term healing.

Plus by APN services are available à la carte or as part of a package based on assessments and recommendations from our treatment team.

Our services include:



Deep Transcranial Magnetic Stimulation (dTMS)



Ketamine-Assisted Healing + Therapy



Neurofeedback



QEEG Brain Mapping




Hyperbaric Oxygen Therapy



Stellate Ganglion Blocks

Clients can inquire about services at [PlusAPN.com](https://www.PlusAPN.com)

 Malibu, CA • Denver, Boudler, & Edwards, CO
Naples, FL • Dallas-Fort Worth, TX



Deep Transcranial Magnetic Stimulation (dTMS)

Deep TMS is an FDA-approved treatment for major depressive disorder, obsessive-compulsive disorder, anxious depression, and smoking addiction. Each Brainsway helmet is outfitted with patented H-coil technology to regulate neurotransmitter production with non-invasive electrical impulses.

Deep TMS is well-tolerated and highly effective. During each 20-minute session, the helmet stimulates targeted brain regions and improves mood and mental stability.

At Plus by APN, we use three helmet options with different coils uniquely designed to treat depression, anxiety, OCD, and smoking addiction. Deep TMS is also an off-brand treatment that can improve sleep, stress tolerance, motivation and focus, emotional regulation, and social connections.

Ketamine-Assisted Healing + Therapy

When used in a clinical setting, ketamine serves as a therapy incubator, encouraging a deeper level of trust between providers and clients to pave the way for success in individual sessions. Ketamine-assisted healing can help clients find relief from mental health symptoms and barriers while working toward sustained long-term healing.

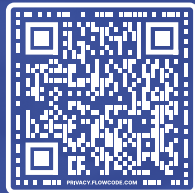
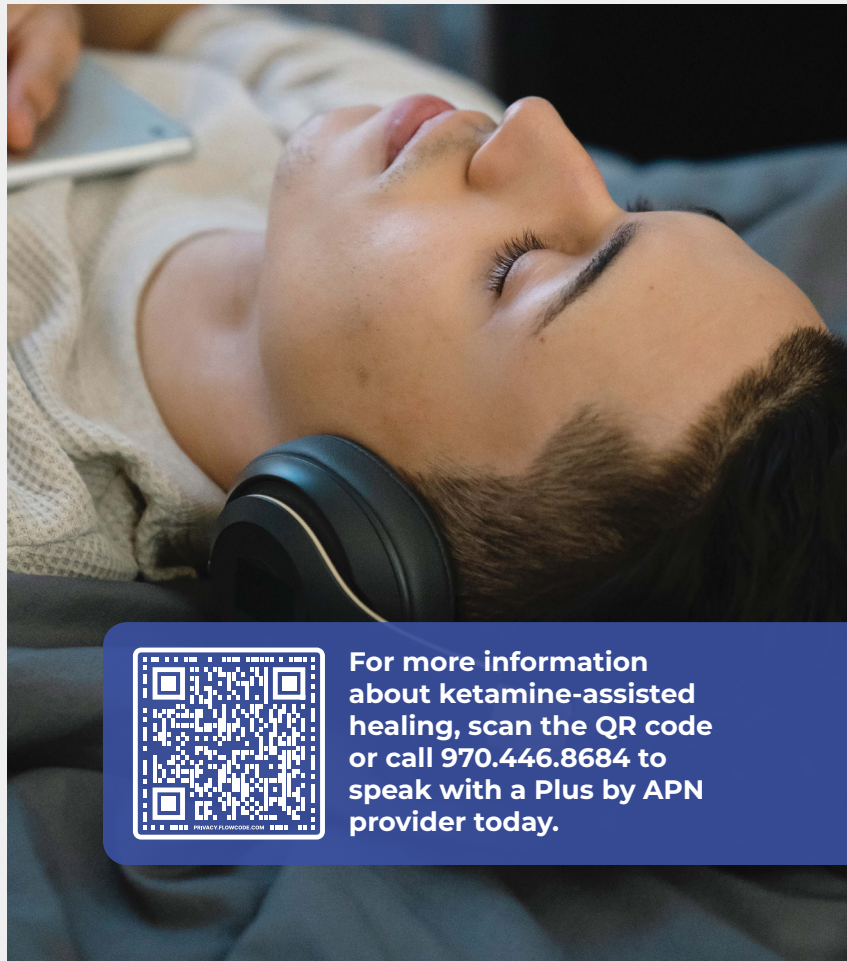
Healthcare providers have used ketamine as an anesthetic and pain reliever for decades. In 2019, the FDA approved the nasal spray form of esketamine to treat depression in adults with treatment-resistant depression in conjunction with an oral antidepressant.

Ketamine-assisted healing and therapy can also be used as an off-label treatment for post-traumatic stress disorder, obsessive-compulsive disorder, and generalized anxiety disorder.

Ketamine has been called the “anti-medication” medication because most clients notice improvements in mental health symptoms during treatment rather than after a few months. Clients are more likely to achieve long-lasting results when combining ketamine-assisted healing with continued psychotherapy.



For more information about deep TMS, scan the QR code, call 970.446.8684, or email apntms@apn.com

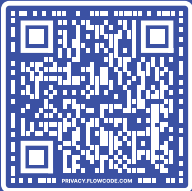


For more information about ketamine-assisted healing, scan the QR code or call 970.446.8684 to speak with a Plus by APN provider today.

Neurofeedback

Neurofeedback helps to retrain the brain by reorganizing and regulating brainwave frequencies. This non-invasive treatment uses a computerized feedback program and can help children, adolescents, and adults get to the root of various neurological and psychiatric conditions, including:

- Behavior disorders
- Attention deficits (ADHD)
- Developmental delays
- Autism spectrum disorder (ASD)
- Brain injuries
- Depression and suicidal ideations
- Insomnia
- Postpartum depression (PPD) and birth trauma
- Cognitive loss
- Post-traumatic stress disorder (PTSD)
- Anxiety, trauma, and stress



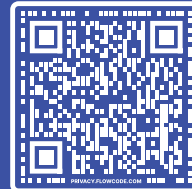
For more information about neurofeedback, scan the QR code or call 970.446.8684 to speak with a Plus by APN provider today.

Neurofeedback coaches the brain into optimal functioning, relieving symptoms and promoting long-lasting healing.

QEEG Brain Mapping

QEEG brain mapping allows clients to look inside their brain and better understand how it functions. A qEEG measures 19 different wavelengths in the brain to create a 3D rendering that helps clients track their progress and compare their outcomes, like a futuristic report card.

At Plus by APN, we use brain mapping like bloodwork, a bacterial culture, or an EKG – this process allows us to pinpoint neurological irregularities and respond accordingly.



For more information about qEEG brain mapping, scan the QR code or call 970.446.8684 to speak with a Plus by APN provider today.

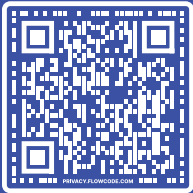
QEEG brain mapping can be a solid first step in a healing journey, helping clients cut out the wrong turns and get to the root issue with a trusted therapist.



Hyperbaric Oxygen Therapy (HBOT)

Hyperbaric oxygen therapy helps stimulate the immune system, alleviate inflammation and pain, and improve healing mechanisms in the body. HBOT can effectively treat various brain injuries and mental health issues because it addresses the root cause of symptoms.

In an HBOT chamber, the air content reaches 100% oxygen to dissolve in plasma, lymph, and central nervous system fluids. Red blood cells carry extra oxygen throughout the body, promoting healing and circulation in damaged tissue and wounds.



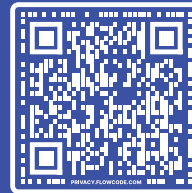
For more information about hyperbaric oxygen therapy, scan the QR code or call 970.446.8684 to speak with a Plus by APN provider today.

Hyperbaric oxygen therapy is FDA-approved for 14 different conditions and has various applications for off-label conditions.

Stellate Ganglion Blocks (SGB)

The SGB protocol is a dual sympathetic reset that helps the nervous system return to a pre-trauma state. Stella and Plus by APN have partnered to bring SGB and therapy together for better long-term outcomes.

Using image-guided techniques, a highly trained Stella doctor injects local anesthetic at the C6 and C4 (or C3) vertebrae into the stellate ganglion, a bundle of nerves associated with the “fight or flight” response.



For more information about stellate ganglion blocks, scan the QR code or call 970.446.8684 to speak with a Plus by APN provider today.

In the days following treatment, patients tend to experience a clearer, quieter mind, with a feeling of deep inner calm and comfort. SGB sessions usually last 20 minutes, and most people need only one treatment, with additional injections as needed.





Group Classes + Personal Training

9x is a revolutionary mind-body fitness concept designed as a new front door to total health. At 9x, we combine community, connection, and challenge to unlock the limitless potential of each member so they can push past any previously perceived limitations.

During each high-energy group workout, members can track their workout length, heart rate, and calories expended while moving through a cardio, boxing, and strength training circuit. All 9x group classes offer a balance of group motivation and personalized attention, with a maximum of 9 group members per class.

9x by APN locations also offer:

- Personal training
- Wellness workshops
- Nutrition consultations
- Electromagnetic stimulation
- Biannual total health assessments and goal-setting

Clients can sign up for 9x classes at 9xfitness.com



Malibu, CA • Dallas-Fort Worth, TX



For more information about 9x, scan the QR code or visit 9xfitness.com to book a class today.



The APN Promise

Industry Leading Outcomes

When it comes to client outcomes, we don't just talk the talk – we walk the walk. Our readmission rates across all levels of care are less than 6%, and All Points North Lodge ranks in the top 5% of three thousand US treatment providers within the ACORN collaboration.

ACORN | TOP 5% OF PROVIDERS

We're proud of our integrative care model, and we're constantly evolving to fulfill our mission of helping our clients achieve optimal wellness in mind, body, and soul.

Connection + Communication Across the Continuum

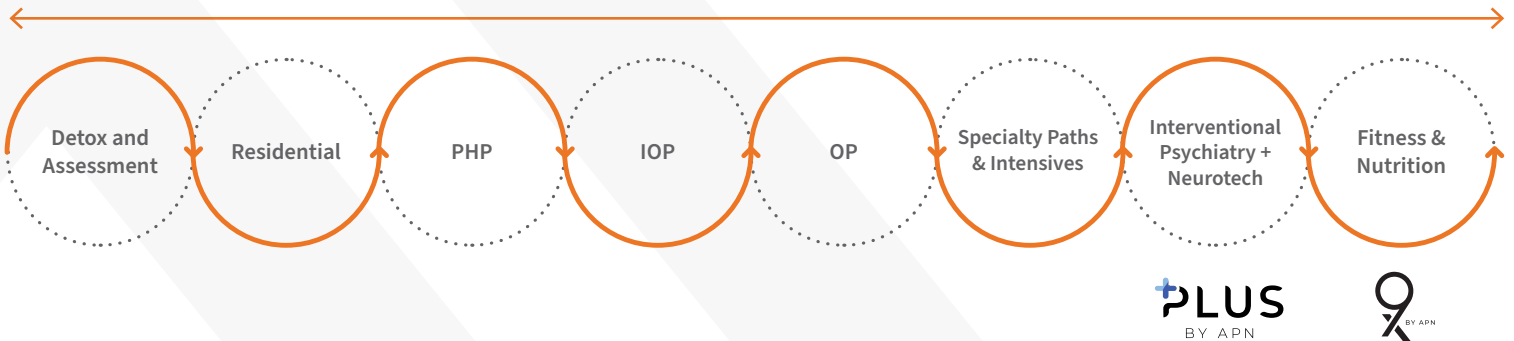
At All Points North, we believe that healing happens with connection – whether that's clear, compassionate care from our clinicians or transparent outreach between referents and our network of behavioral health providers.

With truly customizable treatment options across the full continuum of care, we can meet each client where they are and walk with them as they take their first steps toward healing. We'll continue the conversation well into recovery, not just because we know connection supports long-term treatment outcomes, but because it's the right thing to do.

We can accommodate our clients' needs, tailor services, and adjust support to match the appropriate acuity level.

Most Acute

Least Acute



Continued Support

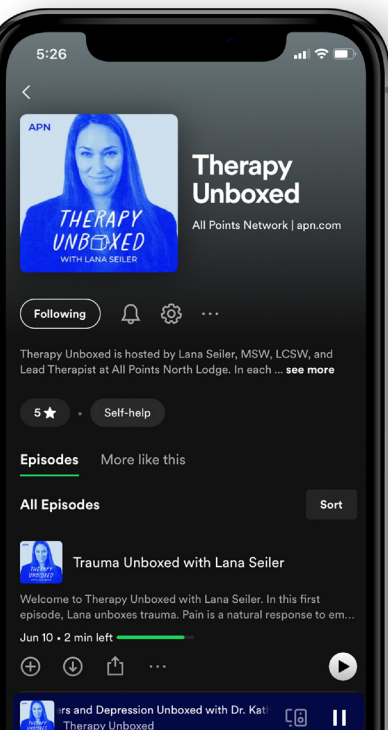
Industry Leading Outcomes

APN helps clients build a solid foundation for long-term recovery. Our integrative care advisors work with clients and their therapists to create a supportive ecosystem that meets them in their next step and evolves as they journey deeper into recovery.

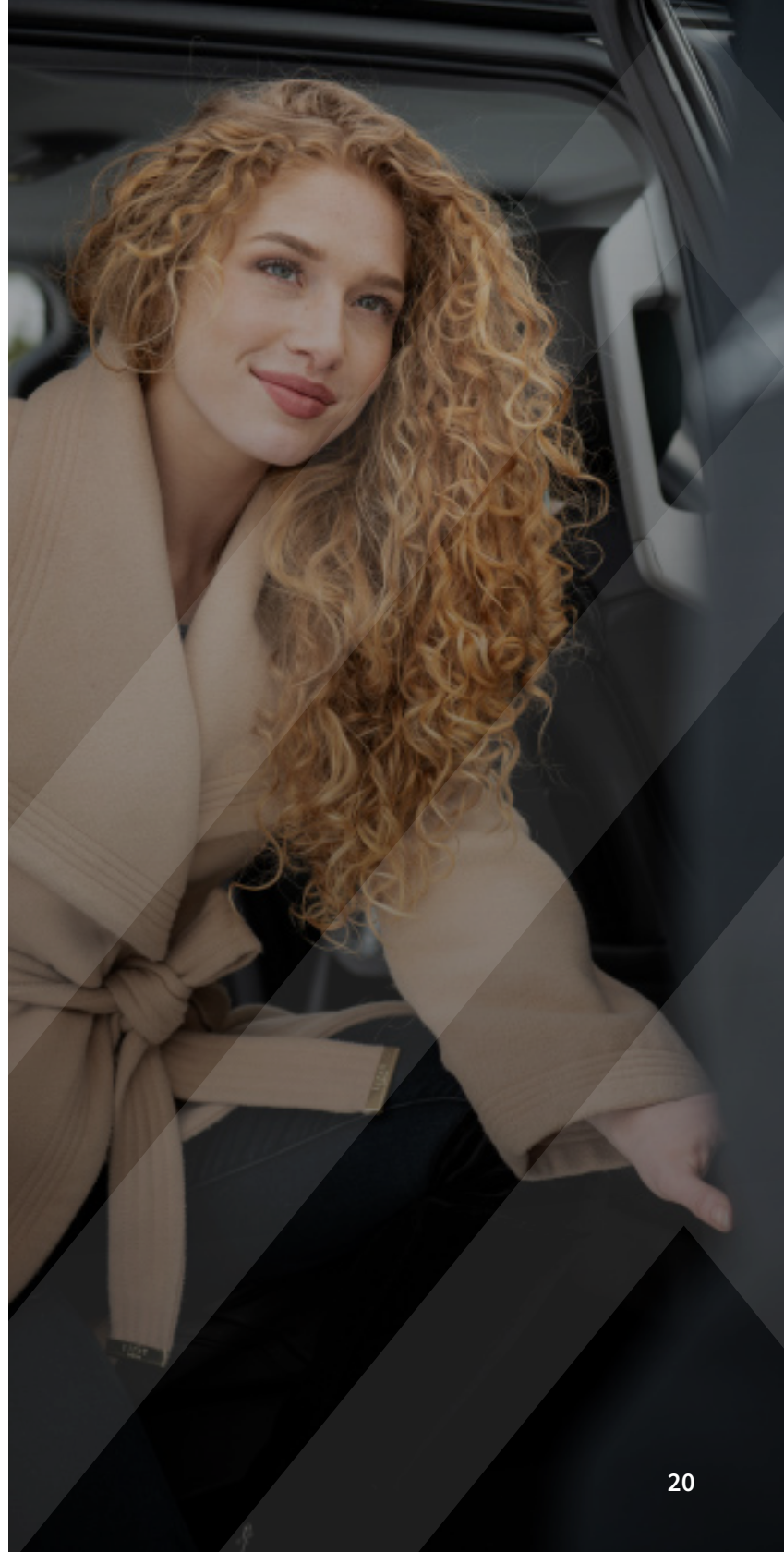
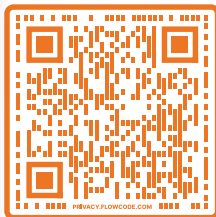
APN clients don't just take a step down, they take a step forward – with support from therapists, psychiatrists, case management, coaches, APN Virtual, and our alum program, APN Social Club.

APN Social Club

We foster a culture rooted in growth and deepen recovery capital with virtual and in-person Programs of Connection. APN clients and staff can stay connected through the Social Club Newsletter, APN Virtual, and behavioral health podcasts on All Points Network. Our latest evolution in community connection allows APN alum to pay their recovery forward by sharing their stories on Recovery x APN.



Scan the QR code to start listening to podcasts from All Points Network.



Locations + Offerings

EDWARDS, CO

Residential + PHP

- Mental Health
- Addiction
- Trauma
- Specialty Paths
 - Athletes
 - Veterans + Frontline Workers
 - Professionals (Business + Healthcare)
 - Queer Trauma Recovery (LGBTQIA+ Affirming Care)
 - Indigenous Peoples

DENVER, CO

Plus by APN

- Deep Transcranial Magnetic Stimulation
- Psychiatry & Med Management

MALIBU, CA

Plus by APN

- Ketamine-Assisted Healing
- Deep Transcranial Magnetic Stimulation
- qEEG and Brain Mapping

Surf IOP

BOULDER, CO

Mental Health IOP

Plus by APN

- Deep Transcranial Magnetic Stimulation

Three-Day Professional Evaluations

Substance Use & Dual Diagnosis IOP

Plus by APN

- Ketamine-Assisted Healing
- Deep Transcranial Magnetic Stimulation
- Hyperbaric Oxygen Therapy
- Psychiatry & Med Management

Detox + Withdrawal Management

9x Fitness

- Group Classes
- Personal Training
- EMS Concierge
- Wellness Workshops

- Ketamine-Assisted Healing
- Neurofeedback
- qEEG Brain Mapping
- Psychiatry & Med Management



DALLAS-FORT WORTH, TX

Plus by APN

- Ketamine-Assisted Healing
- Deep Transcranial Magnetic Stimulation
- Hyperbaric Oxygen Therapy
- Stellate Ganglion Blocks
- Psychiatry & Med Management

Detox

PHP

NAPLES, FL

IOP

Plus by APN

- Deep Transcranial Magnetic Stimulation

ONLINE

Mental Health, Substance Use, and Dual Diagnosis IOP

OP Group Therapy

Individual Therapy

IOP

APN Spa

9x Fitness

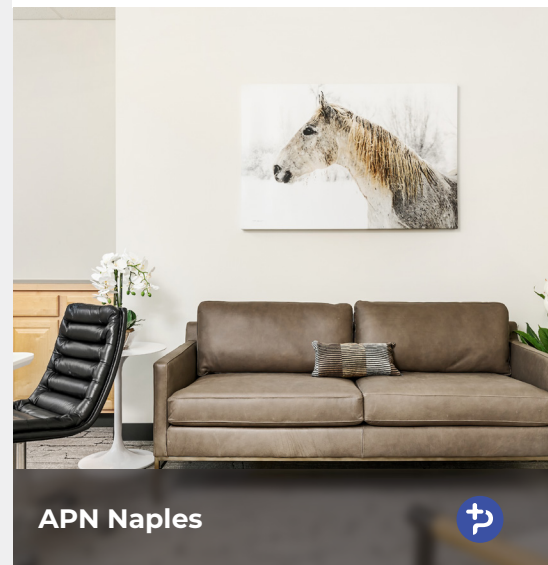
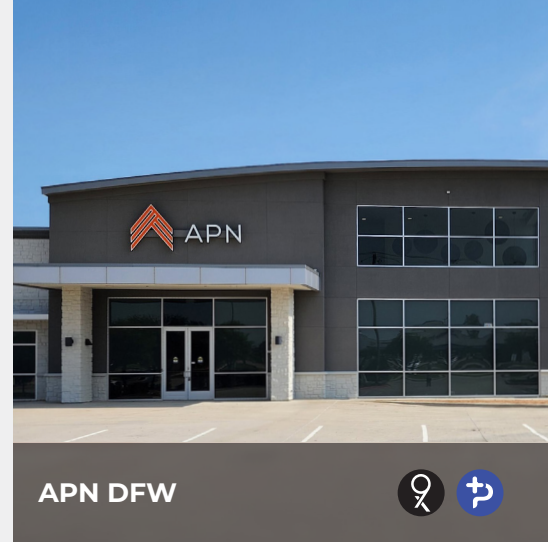
- Group Classes
- Personal Training
- Cold Plunge
- Sauna

- Ketamine-Assisted Healing
- Hyperbaric Oxygen Therapy

Family and Couples Therapy

Psychiatry & Medication Management*

*Services not available in all states.





ALL POINTS NORTH

HEALING HAPPENS WITH APN

Wherever you are in your journey, we can help you find your way forward.
Start a conversation with a call or click and get connected with our team of recovery professionals.

855.232.8217

| [9xfitness.com](https://www.9xfitness.com)

| [apn.com](https://www.apn.com)

| [plusapn.com](https://www.plusapn.com)