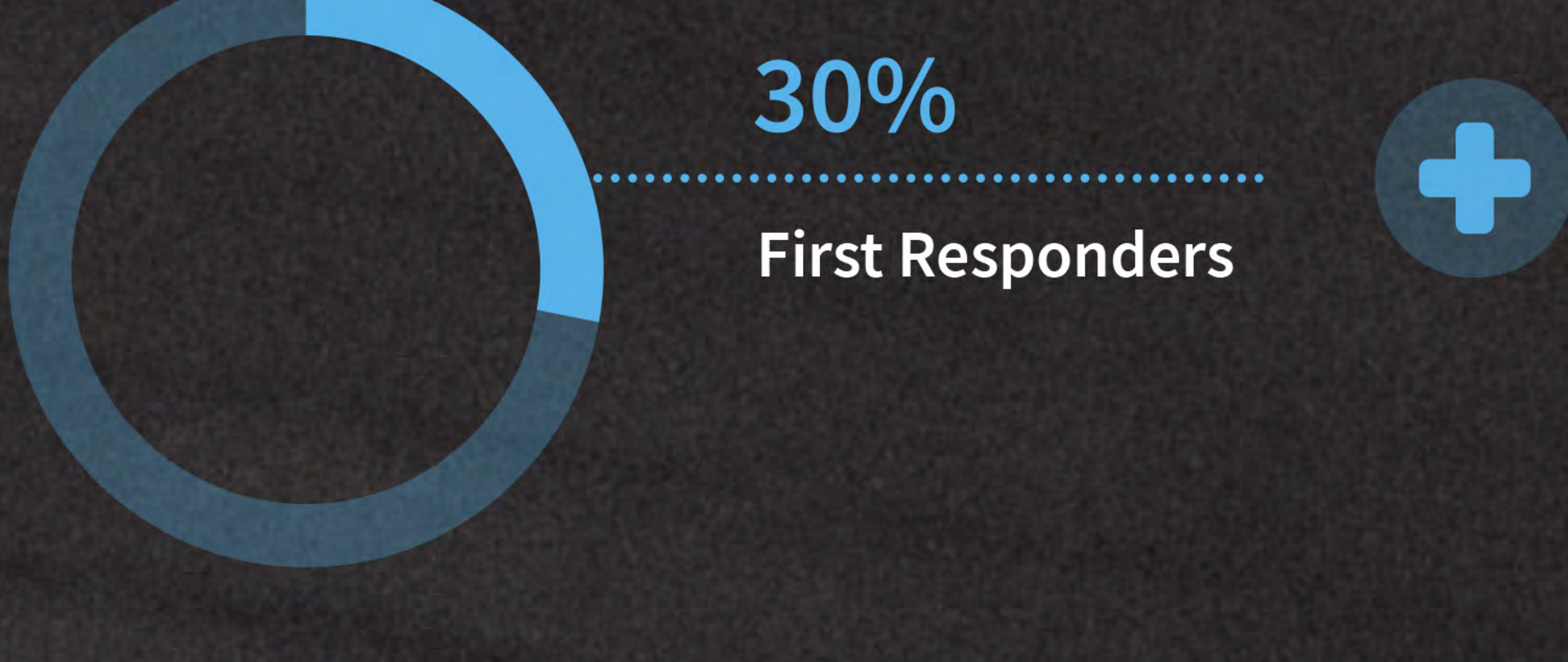
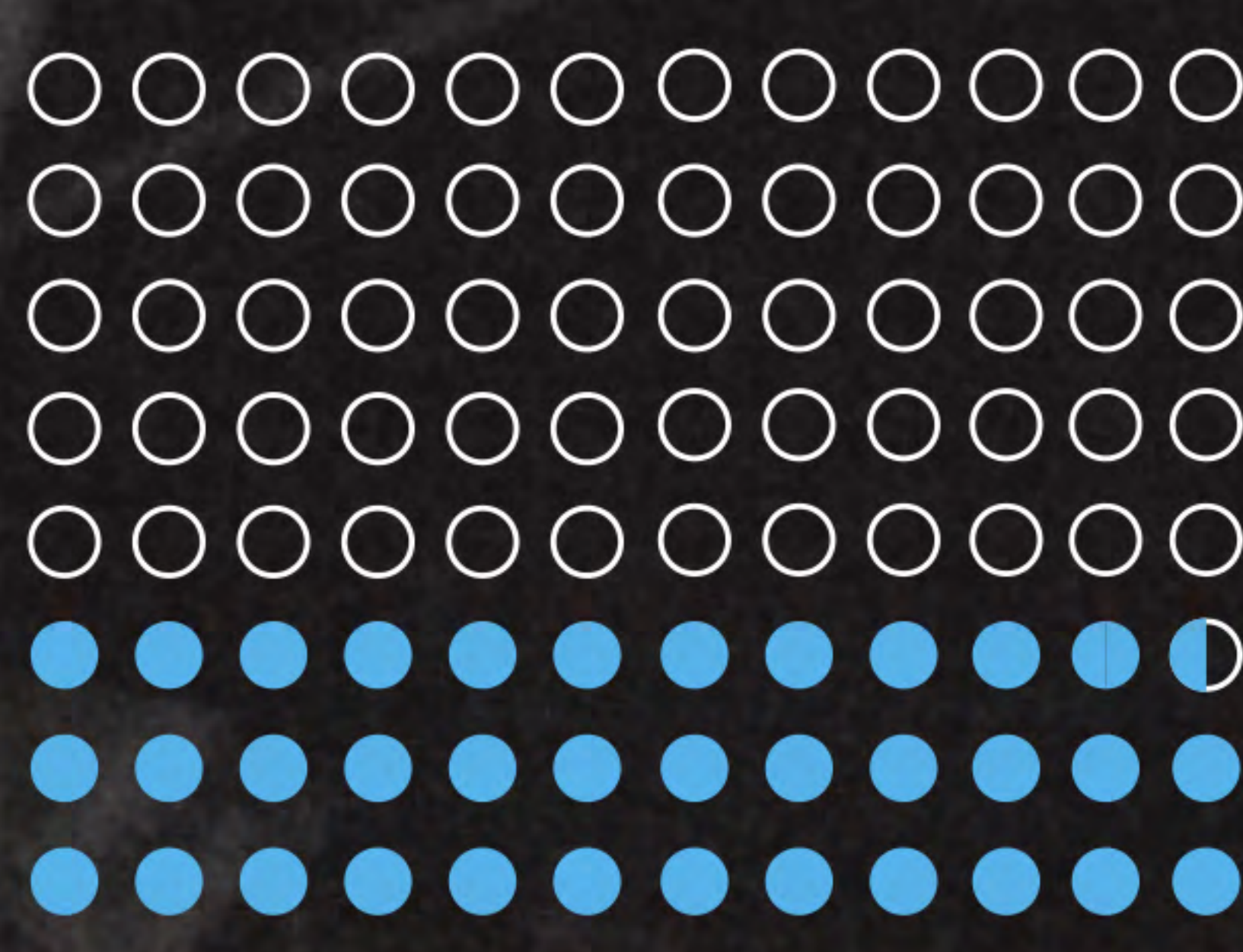


First Responders & Mental Health

Percentage of People Who Develop Mental Health Issues in Their Lives



37% of firefighters and EMS workers have considered suicide.



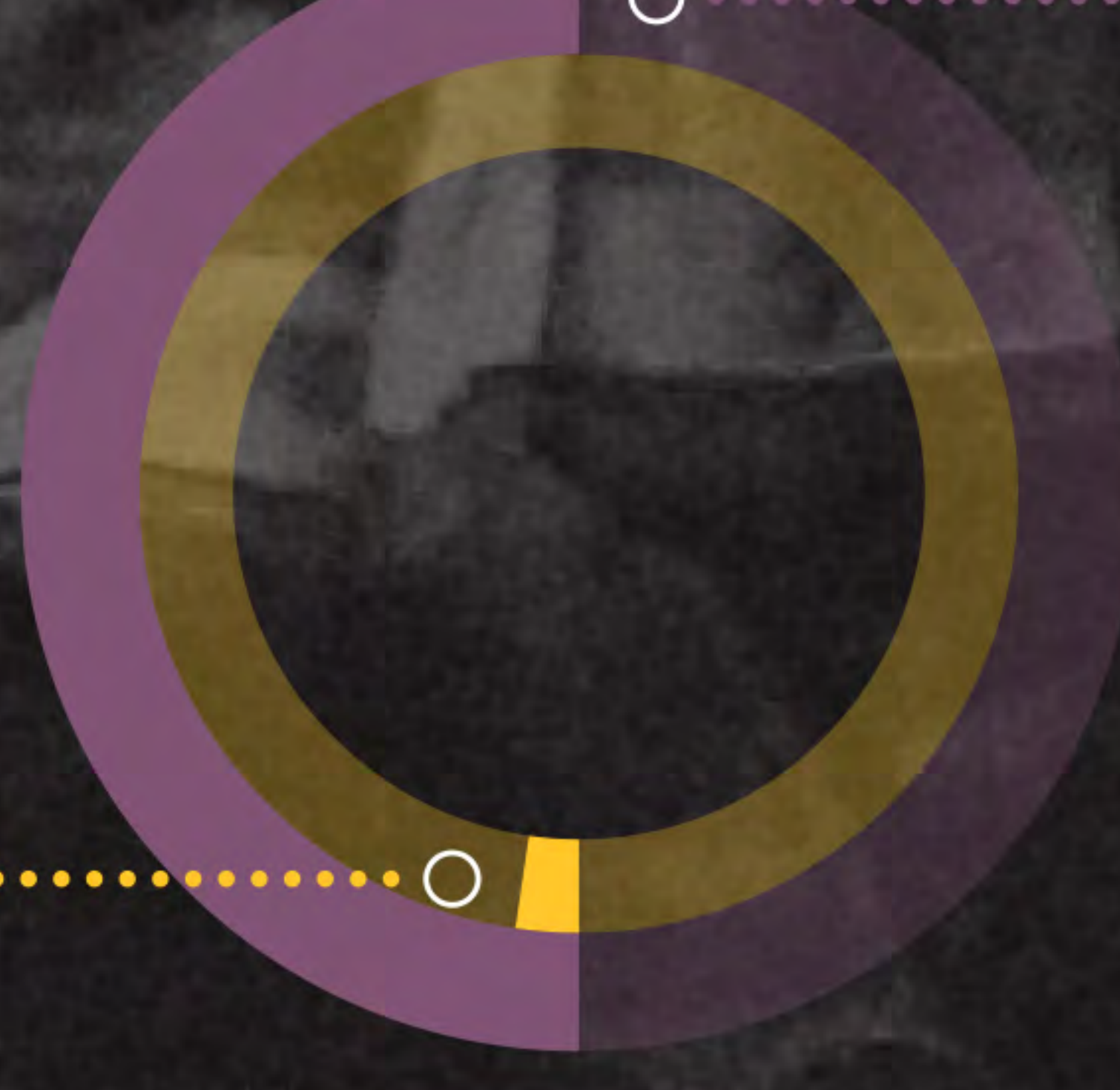
This percentage is **10x more** than rate of suicide consideration in the general population.



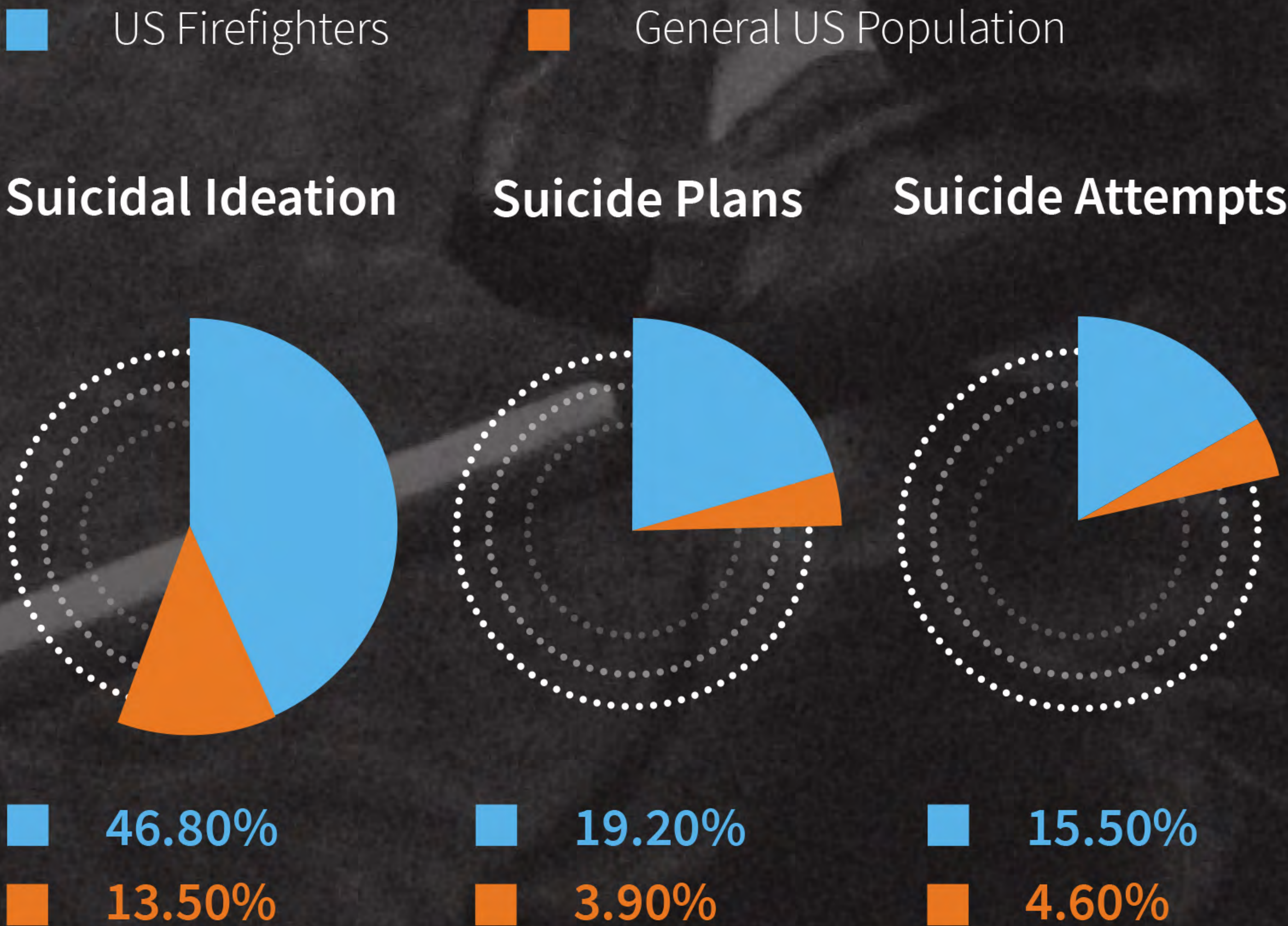
In a 2017 study, nearly

9% reported driving under the influence of alcohol.

50% of male firefighters reported binge drinking in the previous month.



Lifetime Rates of Suicide-Related Thoughts & Behaviors



Police and Trauma

3/4 of police officers in a 2016 survey reported that they had experienced trauma.



About 50% of the officers surveyed could think of at least one police officer they knew personally who had experienced some trauma and changed afterward.



About 50% of the officers also said they knew a police officer who committed suicide

